

Laguna Woods Yacht Club (draft 12.viii.19) Sailing Academy

Fall 2019

Intermediate Sailboat Handling Skills

When: Five Weeks, beginning Monday 7 October and ending 4 November.

Where: Building 2400 Game Room (parking level).

Dana Point Harbor (Lab Sessions: TBA).

Text: Coastal Cruising Made Easy, ASA Editors.

Navigation Rules and Regulations Handbook, USCG

http://www.navcen.uscg.gov/pdf/navRules/CG_NRHB_20141118.pdf

Instructors: Sailing Academy Instructors: Sailing Academy Committee (see below).

Labs: Jim Updike, Bill Chen, Terry Miles, Wayne Carlson (others).

Contact: Jeff Sadler, email: sallybear@yahoo.com; phone: 208-484-6652

Enrollment Requirements:

Member in good standing of LWYC

Attend first class to confirm pre-enrollment reservation

Enrollment Fee: \$25

Course Requirements:

Attend classes and labs (absence by arrangement necessary).

Read Assigned text sections, come prepared to discuss and ask questions.

Do all quizzes. Complete all written assignments.

Pass all tests, both written and skills.

The course objective is to provide students an opportunity to attain more advanced sailing knowledge. Boat handling instruction will include the rigging and handling of an intermediate sized sloop-rigged auxiliary sailboat and will focus particularly on the club's boat S/V Hiatus. In addition to classroom instruction, this will entail significant on-the-water time and practice.

First Session (7 Oct)

Introduction and Organization. (Jeff Sadler)

Terminology

Knots and Lines (Bill Chen)

Read Introduction, Forward and Chapter 1, pp. 8-25; Getting acquainted with the boat.

Boating Safety and developing a safety sense, Text pp. 46-53.

Procedures and equipment.

Second Session (14 Oct)

Maneuvering under power (Bill Chen)
Prop Walk and Prop-wash.
Side Docking.

Getting under way preparation, including the log sheet.
Mechanics and Motoring Fundamentals.

Third Session (21 Oct)

Maneuvering Under Sail
Sail Shape and Sail Trim (TBA)

Navigation (TBA)
Aids to Navigation – Buoys and Lights
Compass and its use

Rules and Tools for Navigators, pp. 82-107.

Fourth Session (21 Oct)

Maneuvering Under Sail – cont.

Special situations
 Heaving to
 Reefing Underway
 Anchoring and Moorings
 Preventers.

Rules of the Road (TBA)

Marine Weather, pp 128-133.

Session Five (4 Nov)

Handling Emergencies (TBA)
Man Overboard (MOB)
First Aid

Read
Handling emergencies, pp 136-141.
Electronics, instrumentation and communication (VHF Radio), pp 134-5.

Review Questions, pp 164-5.